

Serve With Heart

Jalan Danau Toba No. 6 Sanur, Denpasar – Bali 80228 Indonesia Phone: +62-85 103 783 005 ● Mobile: +62-81 353 396 555 Email: darshan bali2009@yahoo.com





BALI ISLAND SCHOOL GRADE 10 EOTC TRIP

"BE SAFE, HAVE FUN, LEARN AND EXPERIENCE SOMETHING NEW"









September 26TH – 29TH 2017

Camp to Camp Hiking, Karangasem - Bali



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Grade 10 EOTC Activities

Expedition trip to east side of Bali. Explore the remote area of Bali. Carrying all equipment. We will hike and overnight at different basic camp site facilities. Sleep in the tent. While hiking we will learn about tourism impact & sustainability, reef ecology, Balinese culture, discuss Wallace line between Bali & Lombok, interaction & making school project service with local tourism school.

EOTC Schedule:

❖ Day 1

- ➤ Sharing circle- Personal introductions, Goal setting, Expedition rules and Preparation.
- Hike to summit of Bukit Gumang, while hiking we will learn about:
 - Learn about sustainable tourism history of coral reefs in Candidasa
 - Discuss Wallace Line between Bali and Lombok learn the history of Alfred Russell Wallace as Charles Darwin's contemporary and his contributions to evolution, natural selection and island biogeography
 - Visit a Balinese temple (top of Bukit Gumang) and learn the significant ceremonies and cultural importance of Bali
 - Visit the shrimp and mollusk research center in Bug Bug- discuss long term impacts of this facility and research
 - Witness the rock collectors on Bug Bug Black Sand Beach- discuss the economic importance and sustainability of the rock collectors.















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- Edu Kecak Dance Introduction and short practice.
 - We will collaborate with local dancer or artist to learn and practice EduKecak Dance. This is a combination traditional Balinese dance with conservation issue. This time we will take the story about marine life.Marine life conservation is one of hot issue recently. There are many marine life ecosystem was destroy and die. Most of the influence of human being, pollution or direct action. This time we will perform the influence of direct action like snorkelling, diving, bread fish feeding, touch and standing on coral.







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❖ Day 2

- Hike to summit of Bukit Asah, while hiking we will learn about:
 - Review (with views of Lombok)- discuss Wallace Line between Bali and Lombok – learn the history of Alfred Russell Wallace as Charles Darwin's contemporary and his contributions to evolution, natural selection and island biogeography
 - Impact of Mt. Agung on landscape and economic impacts in the region
 - Visit rock outcrops formed by volcanic pyroclastic flow
 - See an original 'lingam'- Hindu sacred spot and the associated temple to learn about history or Hinduism in Bali
 - <u>Inquiry:</u> why is one side a black sand beach and another side a white sand beach?
 - Why is it a white sand beach? What made the white sand?
- White Sand Beach.
 - Swimming, Snorkelling and coral reef lesson
- Continue learn and practice Edu Kecak Dance.





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❖ Day 3

- Hike to Jasri Village, along the way:
 - Tour Charley's Organic Chocolate Factory observe the process how to make chocolate or soap ,learn about impact on local community and social enterprise
 - Swing on the Swing of Instant Enlightenment
- > Afternoon activity:
 - Visit local tourism school and interaction or project with local students.
- Practice and perform Edu kecak dance, collaborate with local dancer & artist.



❖ Day 4

- Pack up and load vehicles with gear not needed (tents/sleeping gear)
- ➤ Hike to Taman Ujung, along the way:
 - Hike in rice fiends and learn about the Subak (review from previous EOTC)
 - Full view of Mt. Agung
 - Swim in the Tirta Natural freshwater springs
 - Learn history of the Ujung Water Palace







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Grade 10 EOTC Activities Run Down

Day 1- September 26

BIS >> Candidasa >> Bug Bug Village

8:00am

Depart BIS

10:30am

Arrive in Candidasa

10:30am - 11:30am

Preparations & briefing

11:30am - 12:00pm

Lunch (At the Beach Hotel)

12:00pm - 4:00pm

Hike to summit of Bukit Gumang

4:00pm - 5:30pm

Set up camp, discuss camp rules etc.

5:30pm - 6:30pm

Free time & swim time

6:30pm-7.00pm

Dinner Time

7:30pm - 9:30pm

Edu Kecak Dance Introduction and short practice.

9:30pm

Lights out

Accommodation: Camping on the beach in Bug Bug

Day 2- September 27th 2017

Bug Bug Village >> Bukit Asah

7:00am - 8:30am

Breakfast (At Bug Bug Resort) & break camp

8:30am - 11:00am

Hike to summit of Bukit Asah (drop our gear at the top)

12:00pm - 1:00pm

Lunch at white sand beach

1:00pm - 2:00pm-

Swim time, free time



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2:00pm - 4:00pm

Snorkelling and coral reef ecology lesson

4:00pm - 5:30pm

Return to Bukit Asah and set up camp

5:30pm - 7:00pm-

Cook dinner (camp food) & clean up

7:00pm - 8:00pm-

Continue learn and practice Edu Kecak Dance.

8:00pm - 9:30pm-

Free time, showers, campfire (if possible)

9:30pm-

Lights out

Accommodation: Campsite at Bukit Asah

Day 3- September 28th 2017

Bukit Asah >> Jasri Tourism School

7:00am - 9:00am

Breakfast & break camp

9:00am - 1:00pm-

Hike to Jasri

1:00pm - 4:00pm-

Lunch with Tourism School students at Tourism School Jasri

- Icebreakers
- Set up camp

5:00pm - 6:00pm

Practice & set up for Edu Kecak Dance

7:00 - 8:00pm

Edu kecak dance performance

8:00pm - 9:30pm

BBQ dinner & celebration

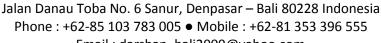
9:30pm

Lights out

Accommodation: Camping on the grounds of Jasri Tourism School



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Day 4 - September 29th 2017

Jasri Tourism School >> Taman Ujung Resort

6:00am - 7:30am.

Breakfast & break camp

Pack up and load vehicles with gear not needed (tents/sleeping gear)

8:00am - 11:00pm.

Hike to Taman Ujung

11:30am - 12:30pm,

Lunch at Taman Ujung Resort

swimming & free time (if time allows)

12:30 pm.

Return to BIS

Thank you



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Grade 10 FOTC Activities

Inclusion:

- Full Transportation
 - Return AC transportation from BIS to EOTC site.
 - All land tranportation during activities at EOTC site.
- Camp Fasilities (3 nights)
 - Tent
 - Matras
 - Sleeping bag
 - pillow
 - Camping ground
 - Camp fire
- Full Meals
 - Breakfast (3 times)
 - Lunch (4 times)
 - Dinner (2 times)
 - Barbeque dinner (1 times)
- All EOTC activities
 - Community service material & Builder
 - Snorkelling
 - All Safety Equipment
 - Instructor / Guide
- ❖ All entrance tickets & Donation
- Insurance

Participant: 22 students and 3 Teacher



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Pack List For EOTC Trip

Each participant should pack a backpack containing their gear with travel size toiletries and other items from the list below.

You will be carrying your gear along with a tent and sleeping bag (tents & sleeping bags will be provided) during the entire hike so make sure to pack wisely!

Hiking equipment

- Backpack (large & comfortable enough for ALL your equipment)
- Trekking pole (optional but recommended)
- Sunglasses
- Water bottle (at least 2 liters)
- Flashlight or a headlamp (with spare batteries)
- Mess kit (plate or bowl & eating utensil)
- A SPIRIT OF ADVENTURE!

Clothing (enough for 3 days of hiking in varied terrain and unpredictable weather)

- Wide brim hat
- Walking shoes/boots or athletic shoes (Sturdy, closed-toed shoes that you don't mind getting muddy or wet)
- Socks
- Shorts
- Light cotton or quick dry t-shirts
- Lightweight long-sleeved shirts for protection against sun and insects
- Underwear
- Bathing / swimming attire
- Sleeping attire

Health and comfort related items

- Insect repellent
- Sunscreen
- Lip balm
- Toiletries (including a towel)

Optional

- Camera and batteries
- Binoculars













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Step Of Safety

- Check up by medic staff with the first aid kit at location.
- Going to the nearest clinic
- Going to the nearest Hospital.
 - ✓ We have medic staff and First aid kit box at location and during the activity.
 - ✓ We have car standby all the time at location and during the activity

Hospital link:

- > Kasih Ibu Hospital Teuku Umar
- Kasih Ibu Hospital Kedonganan
- > Prima Medika Hospital Denpasar
- Surya Usadha hospital Denpasar
- > Bross hospital Denpasar
- > BIMC Denpasar
- > Ari Shanti Hospital, Mas, Ubud
- Public hospital of Singaraja
- Kertha Usadha Hospital Singaraja
- Public Hospital of Tabanan
- Public Hospital of Klungkung

Contac Person:

1. I Nengah Sudirka (Jasa Raharja Insurance)

Phone: 0811380927,081999734768.

2. Kenny Peavy (Trip Leader)

Phone:.

3. I Wayan Pasek (Darshan Bali Tours)

Phone: 081353396555,081999008207.