

Serve With Heart

Jalan Danau Toba No. 6 Sanur, Denpasar – Bali 80228 Indonesia Phone : +62-85 103 783 005 • Mobile : +62-81 353 396 555 Email : darshan_bali2009@yahoo.com





"BE SAFE, HAVE FUN, LEARN AND EXPERIENCE SOMETHING NEW"



September 26th - 29th 2017

Admadama Campsite Limo Village, Nusa Penida - Bali



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Grade 8 EOTC Activities

Nusa Penida is small island located just offshore of Bali. This island is still very traditional and feels like Bali 25 years ago. Most of the population lives in the beach area and work as Fisherman and Seaweed farmers. Nusa Penida has beatifull marine life and is wellknown as the best diving and snorkeling site in Bali. Grade 8 students will explore Nusa Penida From Admadama Camp site, Limo village.

EOTC Schedule:

Day 1)

- Sharing circle- personal introductions, goal setting & Camp rules. Introduction to Camp facilities and team building culture or obstacles game.
 - Pick up at **BIS** School and walk to Sanur Harbor.
 - Departing to Nusa Penida Island via fast boat take around 40-45 minutes.
 - Arrival at Nusa Penida, transfer to our campsite at Limo village takes around 15 minutes.
 - Introduction to camp facilities & rules, briefing to pitch a tents & build own tents.
- Team building service, making Bird Nest. I planned to make bird nest by wood and ply wood.We provided instructor, material and tutorial pamphlet how to make it. They have to finish quiz or clue that we provided to get the material and tutorial.My point is they can build their own bird nest with our supervision.



- > Bird nest installing & Trees Planting (focus activity).
 - Saving birds at Nusa Penida!!! keep their habitat exist and balancing their ecosystem by making bird nest and installing at some area which is well-known as big bird population. Especially Bali Starling.
 - Follow local farmers daily life.Introduction to traditional cultivation process with locar farmer.Planting herbal and other plantation which is has benefit to local villager.



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Day 2)

- Bird watching.
 - Sunrise time is a good time to visit the bird, we can see they start the daily activities and impact of bird nest that we installed. Hope some birds are staying at our bird nest.
- > Community Service.Students will construct public recycling bin and bookshelf.
 - We will divided into 2 big group.1 group will be making public recycling bin and other group will make bookshelf.



- Seaweed Farm Cultivation.
 - Learn & practice how the local people harvest, replant and make use of Seaweed.



Day 3)

- Continue Community Service.Students will construct public recycling bin and bookshelf.
 - We will swap the groups, finish the project and donate.





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- Hike to Atuh beach and Beach Games
 - While hiking we will clean up the environment from plastic rubbish.
 - Finish clean up the beach and installing educational signance.



Day 4)

Snorkelling activities.

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• Nusa Penida and Lembongan island is wellknown for clear crystal water.We will explore the marine life while snorkeling and see reef ecology first hand.



Back To Sanur,BIS on 13.00pm.



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Grade 8 EOTC Activities Run Down

Day 1.September 26th 2017

08.00am

- Departure from School (BIS)
- 08.30am 08.45am
- Depart from Sanur Harbour to Nusa Penida

09.45am - 12.30pm

- Sharing circle- personal introductions, goal setting & camp rules.
- Introduction to campsite, camp equipment, pitch our tents and team building games-Making bird nest box.
- 12.45pm -13.45pm
- LUNCH TIME
- 14.00pm 17.00pm
- Installing bird nest box & Trees planting
- 17.30pm 20.00pm
- SHOWER TIME & DINNER
- 20.15pm 21.30pm
- Bon fire, reflection and sharing circle by BIS
- Journal time by BIS
- 21.30pm
- Bed & Rest Time

Day 2.September 27th 2017

- 06.30am 08.45am
- SHOWER TIME & BREAKFAST
- 09.00am -12.00am
- Community service- construct public recycling bin and making bookshelf.
- 12.30pm-13.30pm
- LUNCH
- 14.00pm -17.00pm
- Seaweed Farm Cultivation- learn how the local people harvest, replant and make use of Seaweed.
- 17.30pm 20.00pm
- SHOWER TIME & DINNER
- 20.15pm 21.30pm
- Bon fire, reflection and sharing circle by BIS
- Journal time by BIS
- 21.30pm
- Bed & Rest time



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Day 3.September 28th 2017

- 06.30am 08.45am
- SHOWER TIME & BREAKFAST
- 09.00am 12.00pm
- Continue to make public recycling bins and making bookshelf
- 12.30pm 13.30pm
- LUNCH
- 14.00pm 17.00pm
- Hike to Atuh beach, while hiking we will clean up the environment from plastic rubbish.
- 17.30pm 20.00pm
- SHOWER TIME & DINNER
- 20.15pm 21.30pm
- Bon fire, reflection and sharing circle By BIS
- Journal time & Packing By BIS
- 21.30pm
- Bed & Rest Time

Day 4.September 29th 2017

- 06.00am-08.00am
- BREAKDOWN TENT, SHOWER & BREAKFAST
- 08.15am -11.15pm
- Nusa Penida is well known for clear crystal water. We will explore the marine life of Nusa Penida while snorkelling and see reef ecology first hand.
- 11.30pm-12.30pm.
- SHOWER & LUNCH
- 13.00pm
- Return to Bali.
- 13.45pm-14.15pm.
- Arrive in Sanur harbor and walk to BIS.

Thank You



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Grade 8 EOTC Activities

Inclusion :

- ✤ Full Transportation
 - Return charter fast boat from Sanur to Nusa Penida.
 - Charter Fast Boat For Snorkeling Activities.
 - All land tranportation during activities at EOTC site.

Camp Fasilities (3 nights)

- Tent
- Matras
- Sleeping bag
- pillow
- Camping ground
- Camp fire
- Full Meals
 - Breakfast (3 times)
 - Lunch (4 times)
 - Dinner (2 times)
 - Barbeque dinner (1 times)

All EOTC activities

- Community service material & Builder
- Snorkeling
- All Safety Equipment
- Instructor /Guide
- ✤ All entrance tickets & Donation
- Insurance

Participant :

32 students and 4 Teacher



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Pack List For EOTC Trip

Personal :

- Sport shoes/ trekking boots
- Socks/extra socks
- Long/short pants
- T-shirts, Sweatshirt/jacket, Sleep clothes
- Underwear
- Swim suit
- Hat
- Rain Gear
- Shower shoes/flip flops
- Towels/washcloth
- Tooth brush/tooth paste, Shampoo, Soap, Deodorant in plastic case
- Feminine products
- Personal medications take extra

Miscellaneous :

- Sunscreen/chapstick
- Bug repellant
- Books/education tools
- Sunglasses
- Tissues/ Toilet paper
- Flashlight/batteries, charger, Watch
- Notepad/pen
- Drinks/snacks
- Other personal items
- Spirit of Adventure

THANK YOU



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Step Of Safety

- Check up by medic staff with the first aid kit at location.
- Going to the nearest clinic
- Going to the nearest Hospital.
 - ✓ We have medic staff and First aid kit box at location and during the activity.
 - ✓ We have car standby all the time at location and during the activity

Hospital link :

- Kasih Ibu Hospital Teuku Umar
- Kasih Ibu Hospital Kedonganan
- Prima Medika Hospital Denpasar
- Surya Usadha hospital Denpasar
- Bross hospital Denpasar
- BIMC Denpasar
- Ari Shanti Hospital, Mas, Ubud
- Public hospital of Singaraja
- Kertha Usadha Hospital Singaraja
- Public Hospital of Tabanan
- Public Hospital of Klungkung

Contact Person :

- 1. I Nengah Sudirka (Jasa Raharja Insurance) Phone : 0811380927,081999734768.
- 2. I Wayan Pasek (Trip Leader) Phone : 081353396555,081999008207.