**BIS EOTC PACKING LIST**

**Equipment**

* Backpack
* Small drawstring bag for day excursions/activities
* Torch or headlamp
* Water Bottle
* Plate/bowl, cup + cutlery

**Clothing**

* Walking/sports/hiking shoes – what you wear for PE
* Shorts, t-shirt/shirt, underwear, socks for the duration of your camp
* Hat
* Hoodie, track pants for cool nights (particularly in the hills)
* Thongs/flip-flops for around the camp site
* School regulation swimwear
* Small towel
* Sleepwear

**Extras**

* Sunscreen
* Insect repellent
* Toiletries

**Optional Extras**

* Your own equipment for activities (eg. Mask/snorkel)
* Snacks - Healthy snacks such as a reseal able ‘Trail Mix’ including dried fruit, nuts, gummy bears, chocolate etc.
* Book

**What NOT to Bring**

* Electronics
* Cash (there are no shopping opportunities)
* Individually wrapped snacks – we don’t want to create rubbish

**Provided by Darshan Tours**

* Tent
* Sleeping mat
* Sleeping bag
* Pillow
* Meals
* All equipment for activities
* 3 solid varied meals/day
* Unlimited Aqua Gallon water
* All activities, transport and activity supervision