

BIS EOTC PACKING LIST

Equipment

- Backpack
- Small drawstring bag for day excursions/activities
- Torch or headlamp
- Water Bottle
- Plate/bowl, cup + cutlery

Clothing

- Walking/sports/hiking shoes – what you wear for PE
- Shorts, t-shirt/shirt, underwear, socks for the duration of your camp
- Hat
- Hoodie, track pants for cool nights (particularly in the hills)
- Thongs/flip-flops for around the camp site
- School regulation swimwear
- Small towel
- Sleepwear

Extras

- Sunscreen
- Insect repellent
- Toiletries

Optional Extras

- Your own equipment for activities (eg. Mask/snorkel)
- Snacks - Healthy snacks such as a reseal able 'Trail Mix' including dried fruit, nuts, gummy bears, chocolate etc.
- Book

What NOT to Bring

- Electronics
- Cash (there are no shopping opportunities)
- Individually wrapped snacks – we don't want to create rubbish

Provided by Darshan Tours

- Tent
- Sleeping mat
- Sleeping bag
- Pillow
- Meals
- All equipment for activities
- 3 solid varied meals/day
- Unlimited Aqua Gallon water
- All activities, transport and activity supervision